

A large, dynamic splash of water falls from the top left corner, creating a sense of movement and freshness. The water is clear and detailed, with many small droplets and bubbles visible as it falls.

The Spa at Briarcliff

Your Spa for Life

The Spa
at Briarcliff

A decorative horizontal line in a light blue color spans across the middle of the page. It is adorned with several stylized, light blue bubbles of varying sizes, some of which are partially cut off by the line.

The logo for Murad Inclusive Health Center, featuring a stylized, flowing blue 'm' shape.
Murad Inclusive Health Center

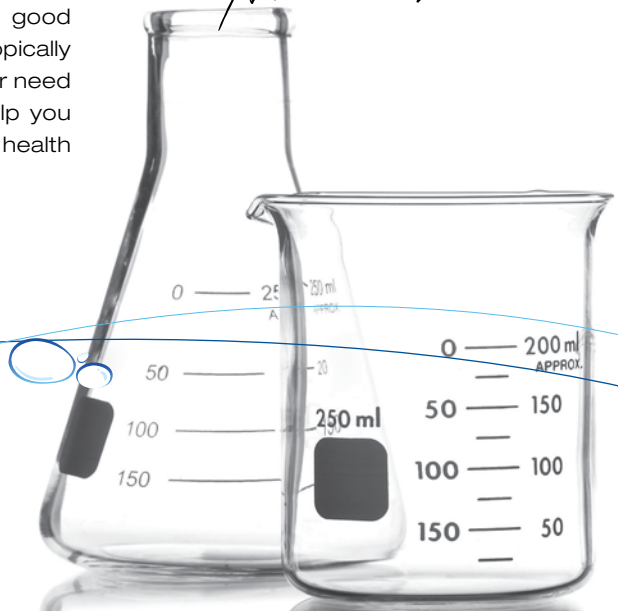
Welcome

At the The Spa at Briarcliff, a Murad Inclusive Health Center®, we offer a type of care unlike any other spa. Our Inclusive Health® approach to care is based upon a revolutionary discovery, 30 years in the making, that will single-handedly change the way you think about living. What I have discovered, and proven through treating thousands of patients, is that the secret to vibrant health lies in maintaining strong cells that can retain water the way younger cells do. Armed with that knowledge, you can help your body heal and rejuvenate itself so you not only look fantastic, but you also feel healthier, revitalized, and ready to participate in life to the fullest. Using the fruit of my research in The Science of Cellular Water™, we can offer you unmatched speed in resolving skincare concerns and restoring youthful good health. By treating your health topically and internally, while supporting your need for emotional self-care, we will help you feel a rapid improvement in your health

that will be reflected in a more youthful appearance. Because all products and protocols are rooted in my discoveries in The Science of Cellular Water, we rebuild your health starting at the microscopic level – where we encourage the body to produce the water-tight cells that are the fundamental marker of youth.

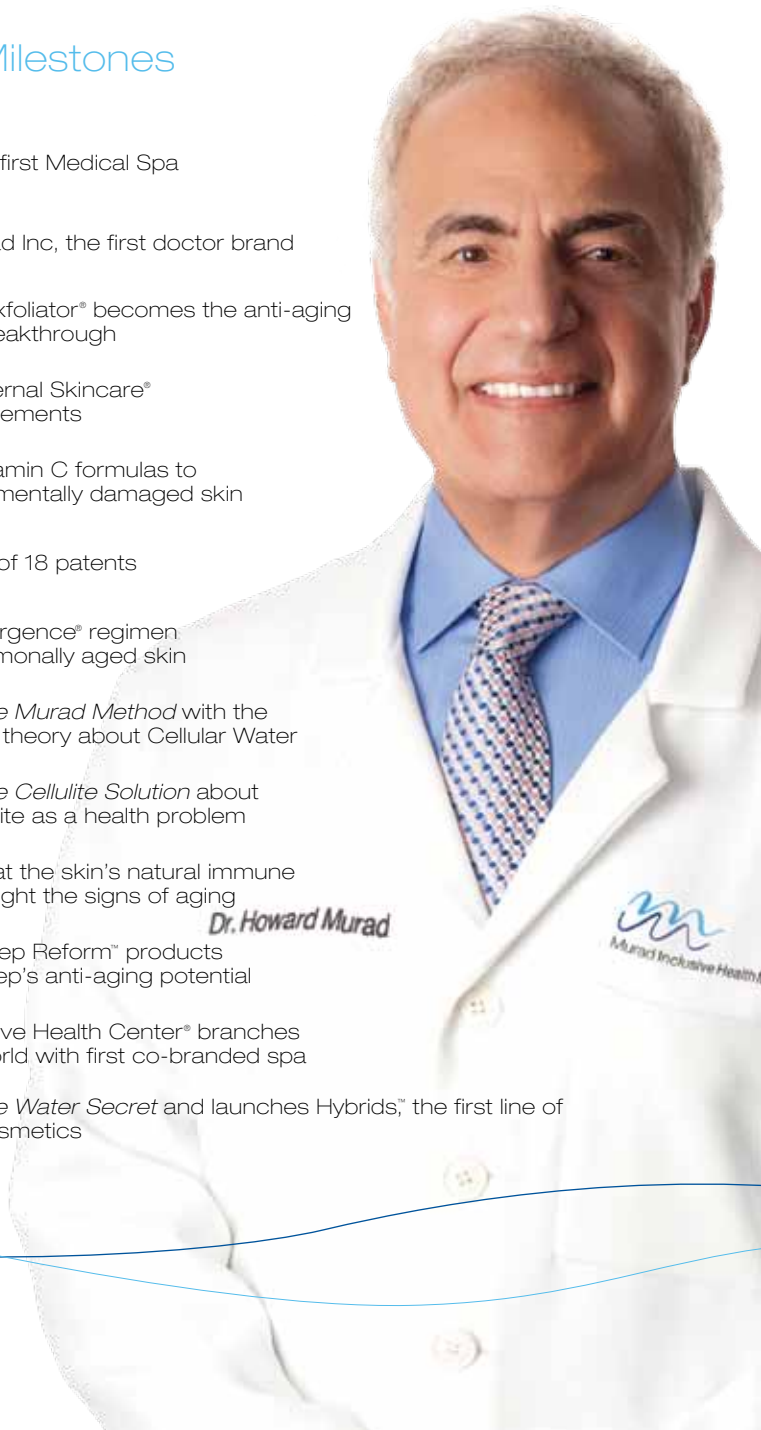
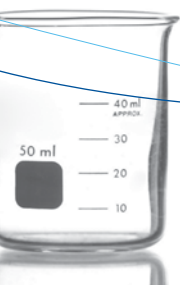
Whether you come to our state-of-the-art spa for a single treatment or for our world-renowned Inclusive Health Programs, you will see and feel a noticeable renewal and enjoy a unique treatment experience that is both memorable and meaningful.

Howard Murad MD



Dr. Murad's Milestones

- 1985 Pioneers the first Medical Spa
- 1989 Founds Murad Inc, the first doctor brand
- 1989 AHA Rapid Exfoliator® becomes the anti-aging treatment breakthrough
- 1995 Develops Internal Skincare® Dietary Supplements
- 1997 Develops Vitamin C formulas to treat environmentally damaged skin
- 1998 Murad's first of 18 patents
- 2002 Initiates Resurgence® regimen to target hormonally aged skin
- 2003 Publishes *The Murad Method* with the revolutionary theory about Cellular Water
- 2005 Publishes *The Cellulite Solution* about treating cellulite as a health problem
- 2007 Discovers that the skin's natural immune system can fight the signs of aging
- 2009 Develops Sleep Reform™ products to unlock sleep's anti-aging potential
- 2009 Murad Inclusive Health Center® branches out to the world with first co-branded spa
- 2010 Publishes *The Water Secret* and launches Hybrids™, the first line of treatment cosmetics





Where the timeless beauty of good health comes to life

Only at The Spa at Briarcliff a Murad Inclusive Health Center®, can you experience the ultimate connection between beauty, medicine and wellness. Our full range of services includes:

- Murad Inclusive Health® Consultation and Packages
- Facial Therapies
- Body Therapies
- Waxing
- Laser Therapy
- Spray Tanning
- Nail Services
- Home Care retail recommendations
- Accupuncture

The Three Pillars of Inclusive Health

To improve health and restore youthfulness at the cellular level, each Inclusive Health program is designed using an inclusive three-pillar approach which includes:

Topical Care – to address the surface of the skin, the body's largest organ and its first line of defense. This care includes topical treatments such as esthetic facials, home skincare regimens and cosmetic medical services.

Internal Care – to support all aspects of a healthy lifestyle and feed the 80% of skin cells that can only be reached through the bloodstream. This care includes nutrition, supplements and prescription medication.

Emotional Self-care – to help patients achieve balance. This includes spa services, stress reduction activities like exercise and support groups to nurture the psyche.



Inclusive Health®

Dr. Murad's ultimate signature service transcends the ordinary Spa experience. Based upon his discoveries in The Science of Cellular Water™, Murad's proprietary, customized program provides you with the tools you need to take control of your health and the aging process. Spa professionals and Inclusive Health Practitioners work hand-in-hand to restore your youthful good health and reveal a more beautiful appearance. You'll discover why Inclusive Health is known as the new science of aging.

Murad Inclusive Health Consultation

60 minutes - Initial Consultation

Two follow-up appointments are included when you purchase any of our Inclusive Health Packages or qualified customized program

Your first step on the life transforming journey to your personal best is an assessment of wellness unlike any other. Your certified Inclusive Health Practitioner has been personally trained by Dr. Murad and will guide you through a Murad Inclusive Health Consultation that focuses on these key markers of health:

- Skin Health
- Sense of Self
- Cellular Health - 4 internal physical health measurements

Your health metrics will be compared to thousands of others whom we have assessed. Your Inclusive Health Practitioner will examine your results and goals, and create a personalized 10 week program with a results-oriented strategy based upon our inclusive three-pillar approach, which looks at your needs for Topical Care, Internal Care and Emotional Self-care. Your Inclusive Health Practitioner will act as your personal coach as you learn to live Inclusively and will target your specific concerns and customize your course of therapy at every stage of progress. We are your partners and our goal is to help you achieve the optimal health and well-being that you can see, feel and measure.

When you purchase our 10-week Anti-Aging Inclusive Health Package or qualified customized program, you'll return for a mid-point coaching session and a follow-up Consultation at the end of the program so that we may show you the progress you've made on your new path.

You'll discover that by living Inclusively, you've not only optimized your wellness from a cellular perspective, you've regained your youthful vitality too!

Inclusive Health Packages

Classic Anti-Aging Package

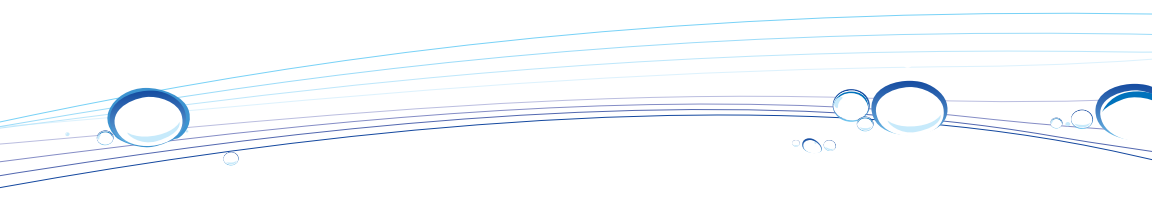
10 weeks - includes the following:

- Murad Inclusive Health Consultation
- Anti-Aging Facial (50 minutes)
- Firm and Tone Supplements (1-month supply)
- Murad Home Care Regimen (up to \$300)
- Copy of one of Dr. Murad's books

Aging Skin Restoration Package

10 weeks - includes the following:

- Inclusive Health Consultation as described on previous page
- Firm and Tone Supplements
- Complete home care regimen up to \$300 worth of Murad skincare products
- 6 Anti Aging facials - 50 minutes each
- Copy of Dr. Murad's book Wrinkle-Free Forever



Acne Relief Package

10 weeks – includes the following:

- Inclusive Health Consultation as described on previous page
- Firm and Tone Supplements
- Complete home care regimen up to \$150 worth of Murad skincare products
- 6 Acne Complex® Facials - 50 minutes each
- Copy of Dr. Murad's book Wrinkle-Free Forever

Ultimate Weight Management and Cellulite Solution Package

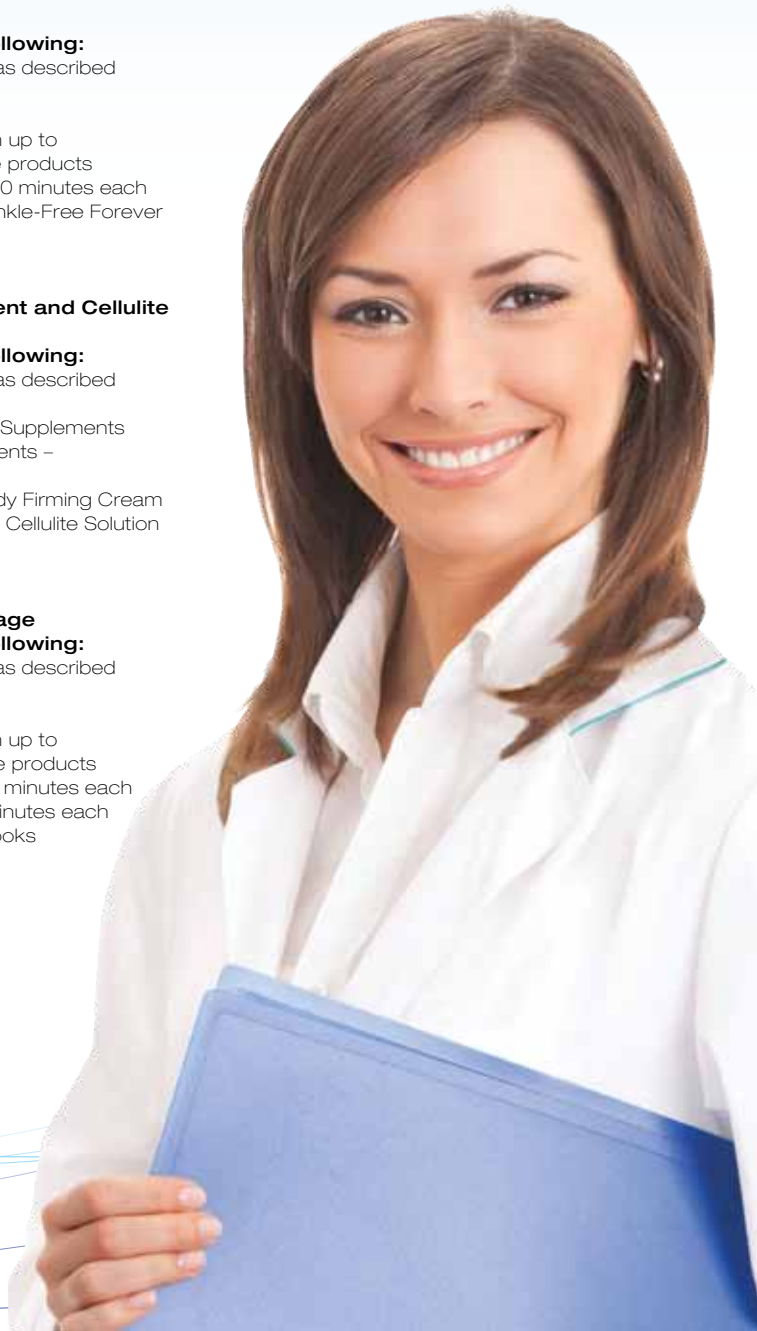
10 weeks – includes the following:

- Inclusive Health Consultation as described on previous page
- 2 packages of Firm and Tone Supplements
- 8 Firm and Tone Body Treatments – 50 minutes each
- Firm and Tone Serum and Body Firming Cream
- Copy of Dr. Murad's book The Cellulite Solution

Total Transformation Package

10 weeks – includes the following:

- Inclusive Health Consultation as described on previous page
- Firm and Tone Supplements
- Complete home care regimen up to \$300 worth of Murad skincare products
- 8 customized spa facials – 50 minutes each
- 8 signature massages – 50 minutes each
- Copy of one of Dr. Murad's books



Facial Therapies

Revitalize your skin, relax your mind and discover a dramatic improvement in your appearance with our medically advanced facial therapies. Our professional treatments combine a high concentration of active ingredients with the healing power of touch, providing results far more advanced than you can achieve with home care alone.

Anti-Aging Facials

IP⁵ Illuminating Peel

50 minutes
Series of six

 signature service

Treat and defeat all signs of aging with our most comprehensive and advanced anti-aging facial. Your skin is re-programmed for youthfulness by immune cell-stimulating Immuno-Skin Complex® while five high performance exfoliators, hydrators and brighteners rapidly resurface and rehydrate your skin. Hyaluronic microspheres in the instant eye-lift super-hydrate skin and plump deep wrinkles in a formula that's proven to increase skin firmness by up to 75% in just 15 minutes! The Cooling Recovery Mask rehydrates, rebalances and protects skin that's newly bright, newly smooth and clearly more youthful!

Intensive Wrinkle Reducer® Rapid Peel

50 minutes
Series of six

 signature service

Swiftly and dramatically reduce the appearance of wrinkles with powerful exfoliators while infusing the skin with long-lasting hydration. Enjoy dramatic improvements in texture and tone without the severe level of irritation characteristic of a high-performance peel. Featuring Murad's exclusive Durian Cell Reform® technology to enhance the penetration of anti-aging ingredients, this clinically proven, results-oriented facial will leave your skin brighter, smoother and firmer after just one treatment.

Resurgence® Renewal Facial

50 minutes

 signature service

Restore the luminous glow you used to know with this luxurious multi-active facial. It's the ideal antidote if you are plagued by a combination of dry skin, fine lines, loss of elasticity, dullness and perhaps even occasional hormonal breakouts. Advanced collagen building technology boosts elasticity and resilience to reduce the appearance of medium to deep wrinkles while gentle exfoliators clear skin of dullness and stimulate cellular turn-over. Luxurious and lasting hydration restores suppleness, texture and tone. After one treatment, you'll see that youthful Murad glow!

Sun Undone® Vitamin C Infusion Facial

25 or 50 minutes

 signature service

Environmental exposure creates a broad range of problems for your skin, that's why this antioxidant-rich treatment is formulated to restore clarity, texture, elasticity and firmness, while fading pigmentation and smoothing out fine lines and wrinkles. Dr. Murad's patented infusion technology delivers pure Vitamin C directly into the skin for maximum results. See a significant improvement in just one treatment.





AHA Rapid Exfoliator® Anti-Aging Facial

25 or 50 minutes

S signature service

Fine lines and wrinkles ease as concentrated Glycolic Acid exfoliates away dead skin cells. A unique patented blend of antioxidants, anti-inflammatories, and hydrators soothes and revitalizes skin to reveal a softer, smoother complexion. When performed in a series, your esthetician will gradually increase the strength of each treatment, progressively improving skin's texture, tone and youthfulness with each facial. Ideal for all skin types.

Acne Facials

Acne Complex® Facial

50 minutes

S signature service

Acne breakouts are complex, that's why this facial is designed to reduce acne blemishes and improve skin clarity and tone while instantly soothing redness and inflammation. This professional-strength acne treatment features exfoliating fruit enzymes to open clogged pores for deep cleansing and extraction without irritation. Suitable for all levels of acne severity, this powerhouse acne treatment is also available to help control breakouts on the back and décolleté.

Acne Complex® Back or Décolleté Treatments

25 minutes Back

25 minutes Décolleté

S signature service

Banish back breakouts with this professional-strength treatment designed specifically for your back and shoulders or décolleté. A combination of exfoliating natural fruit enzymes, antiseptics, antioxidants and hydrating agents deep-cleans pores for clear, blemish-free skin.

Teen Skin Clinic

30 minutes

S signature service

Learn how to achieve clear, healthy skin with our one-on-one teen skin clinic. A trained esthetician will perform a thorough skin evaluation, conduct a mini facial and provide you with the simple tips you need to get clear and stay clear. (Recommended for ages 10-18)

Specialty Facials

Sensitive Skin/Redness Therapy® Facial

50 minutes

 signature service

Whether a redness flare-up is triggered by exposure to stress, sun, wind or extreme temperatures, this breakthrough treatment provides fast relief to calm and soothe easily inflamed, sensitive skin. Featuring Dr. Murad's patented antioxidant and anti-inflammatory rich formulas; this facial features two intensely calming and cooling facial masks, making it ideal for those who suffer from occasional or persistent redness.

Murad Men's Facial

25 or 50 minutes

 signature service

Shaving can create unique problems for a man's face that may include razor burn, chronic dryness, ingrown hairs, clogged pores, inflammation and occasional acne breakouts. That's why this all-inclusive treatment is designed to immediately soothe irritated skin, deep clean clogged pores and gently remove dullness as it hydrates and reinforces skin's natural protective barrier. Be prepared to be smooth to the touch.

Pom-Power Pore Cleansing Facial

25 minutes

Boost the benefits of your daily skincare routine with this pom-tastic cleansing facial. Fruit enzymes power away dirt and impurities to keep skin free of grime and remove dead skin that is past its prime, while antioxidant Pomegranate attacks damaging free radicals. The result - fresh, glowing skin.

SilkPeel™ Dermalinfusion™

25 minutes

A breakthrough system that combines precision non-invasive exfoliation with Dermalinfusion™, deep delivery of skin-specific solutions, to improve and revitalize the skin. SilkPeel is the only treatment of its kind to deliver topical skin care products while exfoliating the skin. SilkPeel™ can be used on all skin types including skin with hyperpigmentation, acne, photodamage, dehydration and fine line wrinkles. The infusion of patient specific topical solutions combined with effective abrasion allows SilkPeel™ operators to address many different conditions. SilkPeel™ procedures can assist in the improvement of the skin in many ways, including:

- Clarifying oily, blemish prone or acne prone skin;
- Moisturizing dry, flaky patches or fine lines and wrinkles;
- Brightening red, or blotchy patches, skin that has been overexposed to the sun, or just needs a brightening boost

SilkPeel™ is also fantastic as a pre or post-operative procedure to improve results of IPL, Laser or other cosmetic and medical procedures.

Enhanced Facial Services

may be added to any facial

Collagen Face Mask

Collagen Eye Mask



Body Therapies

Scientific studies continue to reveal that the healing power of touch increases cellular water content, boosts the immune system, improves sleep patterns, reduces stress and lifts the spirit. Healing touch can take many different forms, including massage, connective tissue manipulation and foot reflexology. All body therapies deliver ultimate relaxation and maximum results.

Massage

Murad Signature Massage

25, 50 or 80 minutes

 signature service

Achieve deep relaxation for body and mind. Our highly-skilled therapist custom tailors your experience and applies pressure to muscles using long, smooth strokes to reduce tension, soothe sore muscles and improve circulation.

Sports/Deep Tissue Massage

50 or 80 minutes

Our most popular massage relieves sore, stiff muscles or chronic pain. This massage targets buried tension and knots. Our experienced therapist will realign deeper layers of muscles and connective tissue with deep pressure and slow movements thoughtfully applied in concentrated areas. Massage pressure can be adjusted according to individual preference.

Prenatal Massage

50 or 80 minutes

Nurture mother and child in the most relaxing way possible. Available after your first trimester, this comforting massage safely relieves back and hip pain, headaches and swollen limbs, while it provides emotional support and vital, healing touch.

Reflexology Foot Massage

25 minutes

Reflexology stimulates nerves in the feet that correspond to the health of systems and organs in the body. Beneficial by itself or as an add-on to any of our other massages, reflexology induces an intense state of relaxation, reduces stress, boosts the immune system, increases circulation and removes toxins.

Polishing Body Massage

50 minutes

Our Polishing Body Massages combine a Swedish Massage with the added benefit of exfoliation, detoxification and hydration.

- Our Anti-Aging Polishing Massage is a vitamin rich blend of gentle Alfalfa Seed and Shea Butter. Alfalfa Seed promotes detoxification and acts as a mild exfoliant. Shea Butter is a rich emollient, high in fatty acids, and helps the skin retain its elasticity. It also helps protect against the damaging effects of sun exposure by repairing and slowing cellular degeneration.
- The Detoxifying Polishing Massage is a vigorous and stimulating treatment. With a blend of Organic Ground Coffee and Whipped Cocoa Butter, this antioxidant rich therapy draws impurities from the body and increases circulation. The caffeine from the coffee draws and absorbs excess water waste, while the cocoa butter moisturizes the skin.
- The Skin Repair Polishing Massage utilizes Whipped Coconut Butter and Organic Oats as a gentle exfoliant. Oats are known for their high content of Salicylic Acid, which helps to reduce itch, redness and irritation associated with sensitive skin, rashes, eczema, psoriasis and poison ivy. It also absorbs excess oil from the surface of the skin. Coconut Butter helps the skin retain moisture by decreasing the loss of evaporative water from the body. It is very rich in Medium Chain Fatty Acids, which have an energizing effect on the body inside and out.

Body Treatments

Firm and Tone Body Treatment

50 minutes

Series of 8 (Includes a complimentary Murad Firm and Tone Serum, Firm and Tone Dietary Supplement Pack for Cellulite and Stretch Mark Management, Body Firming Cream, exfoliating gloves and The Cellulite Solution book)

 signature service

Reduce the signs of cellulite and stretch marks while increasing skin firmness and elasticity with the most recognized and results-oriented cellulite treatment in the world. Murad's cellulite treatment begins with a thorough exfoliation of problem areas, followed by a deep, highly-concentrated infusion of pure Vitamin C and a localized massage. A unique, scientifically formulated recipe is then applied to minimize imperfections and nourish skin.

Seaweed Detoxifying Wrap

50 minutes

Begin with a dry-glove exfoliation to loosen dead skin cells and stimulate the lymphatic system. Heated seaweed is then applied to the entire body and you are wrapped in a blanket to encourage maximum purification. The treatment ends with a decadent foot or scalp massage. This results-oriented experience stimulates circulation and increases metabolism to reduce cellulite.

Spray Tanning

Tanning services are applied by a licensed esthetician. Enjoy that sun kissed look all year round without the damage of environmental exposure. Our UV-free tanning system provides an amazingly fast and even tan.

Pure Rain

Pure Rain" is an aromatherapy body treatment. We use seven different single oils and two blends for a sensory indulgent experience meant to detoxify the body and promote deep relaxation.

Waxing

The Spa at Briarcliff waxing services remove unwanted hair with gentle wax and state-of-the-art techniques. Both men and women can choose from hair removal services for face, brow, underarm, arm, back, bikini and legs. For best results, hair should be at least 1/4-inch in length.

- Chin or Lip
- Full Face (Lip/Chin/Sideburn/Brow)
- Brow
- Half Arm or Under Arm
- Full Arm
- Half Leg
- Full Leg
- Traditional Bikini
- Bikini +
- Men's Back or Chest

Nail Services

Spa Manicure

Spa Pedicure

This Service includes an aromatic soak, exfoliation, nailing filing, cuticle conditioning and trimming, scrub, moisturizing and massaging and an application of the polish of your choice.

French Manicure

French Pedicure

MANicure for Men

Polish Change

Gel Enhancements

Our "clean touch" system guarantees your safety and protection as all metal implements are sterilized to medical standards. In addition, all other tools are disposed of after every client. Treatments are topped off with an extended massage and your choice of non-acrylic polish or buff shine.

Vitamin C Infusion Manicure and Pedicure

This antioxidant-rich, anti-aging treatment restores elasticity, evens tone and rejuvenates environmentally damaged skin on the hands and arms or feet and legs – revealing toned, brightened, firmer skin. A relaxing massage, paraffin wrap and polish application finish the treatment.

Nail add-ons

- **Perfect sense paraffin rejuvenation**
- **OPI gel polish**
- **French polish**



Above and beyond your traditional spa experience

We strive to make your experience with us an exceptional part of your journey to wellness. In addition to our traditional services we also offer our guests enhancing services:

The Float Experience — let your stress float away

Everyday expectations, stress, and the aging effect of gravity take a toll on every individual. "Floating" helps to promote the release of endorphins which rejuvenates your body and mind. With 60 minutes of "floating," your body and mind can experience the equivalent of four hours of normal rest. The Float Experience is an enclosed room within a room to ensure a calming, private phase where the body remains in a state of tranquility. The body simply "floats" in 12 inches of buoyant, mineral-rich, and temperature-maintained (94°F) water. Due to the incredible buoyancy of water, the body is naturally compelled to float. The Float Experience is designed to help detoxify the body, sedate the nervous system, relax muscles, reduce fatigue, promote healing, enhance creativity, and much more. The Float Experience is highly recommended for individuals in high stress situations and travelers.

Amazon Riverwalk™ Experience

When you have a service in the Amazon RiverWalk™ room, your senses will be rejuvenated! Experience sheer bliss as you absorb the candlelit fireplace. Relax in the currents of the RiverBath® before moving to the massage table where you might choose a Relaxation (Swedish) Massage, an invigorating body treatment, or a renewing facial. Follow with the private, feature shower with multiple shower sprays.

European Bath Ritual

Our European Bath Ritual™ (EBR) consists of three-jetted pools with cascading waterfalls. Each pool is a different temperature to ease muscle tension, increase circulation and promote relaxation. Swimsuit required. We highly recommend using the European Bath Ritual™ (pools and waterfalls) prior to any massage to extend the effective massage time by warming up your muscles.



Bringing Home

the Spa Experience

We offer you a complete selection of Murad topical products and Murad Internal Skincare® dietary supplements to take home so you can help maintain your fresh-from-the-spa look between visits.

Acne

Clearing Acne through The Science of Cellular Water™

These high performance products focus on clearing the skin of blemishes as well as optimizing overall skin health through a complex blend of pharmaceutical-grade ingredients and natural botanicals to soothe, calm, hydrate and protect. Clinically proven to reduce acne breakouts in 92% of users in just 3 days.

Age Reform®

Reducing the Signs of Aging through The Science of Cellular Water™

Diminish fine lines and wrinkles, restore resilience and firmness, and improve texture and tone. These non-surgical solutions guarantee skin that both looks and feels years younger.

Hybrids™

Delivering Multi-Functional Technologies to Promote Beautiful Skin through The Science of Cellular Water™

A breakthrough in performance and convenience, Hybrids are intelligently engineered 2-in-1 problem solvers that blend a skin-perfecting cosmetic to disguise flaws with both immediate and long term treatment benefits to improve skin's health.

Environmental Shield®

Preventing and Reversing Environmental Damage through The Science of Cellular Water™

Environmental Shield is the first skincare system for all ages and all skin types created to rapidly and naturally reverse the signs of environmental skin aging—while protecting skin from future damage.

Resurgence®

Restoring Youth's Glow through The Science of Cellular Water™

Renew prematurely aging skin with firming ingredients, phytoestrogens (plant-based estrogens) and conditioning agents. Ease the visible effects of declining estrogen levels to give skin the healthy, bright glow of youthful skin.



Vitalic®

Optimizing Beautiful Skin through The Science of Cellular Water™

Protect your normal combination skin today and you'll be making an investment of care that will reward you with younger-looking skin tomorrow. Pomegranate Extract protects skin from free radicals that age skin prematurely.

Clean Scene™ by Murad®

The uncomplicated way to keep young skin balanced and beautiful

Clean Scene is the place to start when all you need are straight forward products you can trust to keep your skin looking good today and trouble-free tomorrow. Powered by the antioxidant rich Yumberry, Clean Scene neutralizes free radicals, skin damaging enemies of balanced, smooth skin.

Age-Proof Suncare

Preventing Aging and Sun Damage through The Science of Cellular Water™

Antioxidant-rich Pomegranate Extract helps neutralize the free radicals that lead to premature skin aging while a unique blend of ingredients helps to protect against UVA/UVB rays and reduce both inflammation and dehydration.

Redness Therapy®

Soothing Skin through The Science of Cellular Water™

A soothing blend of botanicals neutralizes redness and relieves discomfort associated with inflamed, irritated skin. Cleanser, treatment and a unique green tinted redness reducing moisturizer help restore health and balance so that sensitivity is diminished.



Murad Professional

Immunizing Skin Against Aging through The Science of Cellular Water™

These ultra-premium products feature Murad's most advanced anti-aging ingredient, Immuno-Skin Complex® -- a proprietary peptide sequence that sends mature skin a molecular message to promote youthful renewal.

Murad Man

Rescuing Men's Skin through The Science of Cellular Water™

Specifically formulated for men's skin, Murad Man is designed to keep skin looking great by keeping it healthy. Beyond the close comfortable shave, Murad Man leaves skin soothed, protected and renewed.

Bodycare

Firming and Toning through The Science of Cellular Water™

Provide your body with the building blocks of stronger "cellulite proof" skin while hydrating, firming and stimulating blood flow at the surface to clear existing deposits. Skin is tight, supple, smooth and beach-ready in just 8 weeks!

Murad Internal Skincare®

For maximum skin health and beauty, Murad Internal Skincare® helps repair, fortify and protect from the inside out.

Pure Skin® Clarifying Dietary Supplement

Clinically proven to reduce breakouts by 55% in only 6 weeks.

Youth Builder® Dietary Supplement

Reduces lines and wrinkles by 34% in just 5 weeks

Sleep Reform™ Dietary Supplement

Encourages a deep, restful sleep while producing a visible improvement in skin

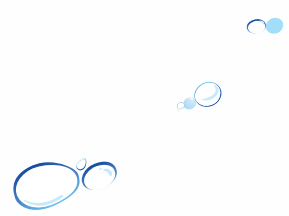
Firm and Tone Dietary Supplement Pack

Reduces appearance of cellulite from the inside out

Pomphenol® Sunguard Dietary Supplement

Intensifies skin's natural sun protection from the inside out





Spa Policies

Our goal is your complete satisfaction. In order to maximize your spa experience, we encourage you to shower prior to your service. To enjoy full relaxation, we ask that you please arrive 30 minutes before your reservation time. You will receive a robe and slippers to wear between treatments and a locker for your personal belongings. We ask that you do not bring valuables as we are not responsible for lost or stolen items. Complimentary toiletries are available for your use.

Reservations

Please call Guest Services at 816.746.5333 to discuss your wellness needs and schedule your experience. We would encourage you to schedule two weeks in advance if possible to reserve the most convenient time for your schedule. Walk-ins are welcome if our staff has time available. Please note that if you arrive late for a reservation, your treatment will end as scheduled so as not to inconvenience the next scheduled guest. Your service time includes consultation and the scheduled service or treatment.

Cancellation Policy

For single treatments: If you need to reschedule your reserved time, please contact us within 24-hours of your reservation to cancel. For spa packages or group reservations: please contact us within 48-hours to cancel. Late cancellations will be subject to a fee equal to 100% of the service or package price. No-shows will be charged the full price.

Guest Etiquette

Our goal is for each guest to enjoy a tranquil, relaxing spa experience. We kindly ask you to turn off or silence cellular phones, pagers or other electronic devices. To maintain a quiet, professional atmosphere, we ask that all guests consider the volume level of their conversations.

Special Needs

Your comfort and well being are very important to us. Prior to receiving your service, please inform us of any special needs or medical conditions including pregnancy, hypertension, injuries, allergies, disabilities or illnesses. Talking with your therapist will help customize your service to ensure your maximum enjoyment and benefit. We recommend that you allow at least one hour between your last meal and your treatment.

Spa charges and policies are subject to change without notice.

Pricing, Gift Cards and Gratuity

For your convenience, we accept cash, checks, Visa®, MasterCard®, and gift cards. At the time of booking, a credit card number may be required to secure your reservation, but your payment will not be processed until check-out. All prices and services are subject to change without notice. Returns or exchanges are accepted when accompanied by a receipt. Purchases made with cash or check will be reimbursed within 10 days via a company check. Returns of items paid with a gift card will be reimbursed with a gift card for future use. Gift cards can be used toward any service, treatment, product or spa package offered in the Spa; they are not redeemable for cash. Our services do not include tax and gratuities. In appreciation to the staff for outstanding service, gratuities may be given at your discretion.

Age Requirements

We offer a variety of services and treatments for many age groups. For clinical treatments, we may require minors to be accompanied by a parent or have a waiver signed for consent. Guest Services will discuss this with you at the time the reservation is made.



The Spa
at Briarcliff



Murad Inclusive Health Center

4133 N. Mulberry Dr.
Kansas City, MO 64116
816.746.5333
www.thespaatbriarcliff.com

Hours of Operation
Sunday and Monday
Tuesday and Wednesday
Thursday and Friday
Saturday

Noon – 6 p.m.
10 a.m. – 6 p.m.
10 a.m. – 8 p.m.
10 a.m. – 6 p.m.